

Bachelor of Science

KINESIOLOGY: Sports Studies Track

Degree Map | 2019-2020

	YOUR CLASS	ACADEMIC	ENRICHING	LIFELONG
	SCHEDULE	ADVISING	EXPERIENCES	SUCCESS
Freshman	Complete core courses recommended for your degree plan Focus on Biology, Math, English, History, and Communication courses Enroll in 15 credit hours Fall and Spring semester. Enroll in KINE 1301	Participate in New Student Orientation Meet with your Academic Advising Center Freshman Advisor before registration. Ask you Advisor about the KINE recommended core courses for your degree plan	Prioritize Your Wellness Participate in campus recreation Attend Financial Literacy seminars Form healthy study habits Build Your Community Use FalconLink & attend Club Day Volunteer Attend campus events Explore Your World Attend an athletics event, musical performance, or visit the art gallery	Build Your Brand Draft your resume Register for the Job Board Craft Your Future Explore career options Have coffee with a faculty member
Sophomore	Complete core courses recommended for your degree plan Focus on Anatomy, Physiology, Political Science, Psychology and Art courses Enroll in KINE 2306, KINE 2370 Enroll in 15 credit hours Fall and Spring semester	 Meet with your Academic Advising Center Advisor before registration. Ask your Advisor about the KINE recommended core courses for your degree plan 	Prioritize Your Wellness • Enjoy outdoor spaces on campus Build Your Community • Join an organization • Explore campus leadership (SGA, Orientation Leader, Resident Asst.) Explore Your World • Consider study abroad • Attend a lecture series	Build Your Brand Update your resume Join LinkedIn Consider student employment Craft Your Future Participate in mock interviews Attend an internship/career fair
JuniorS	Focus on Major and Minor Coursework In In IN IN E 3310, KINE 3350, KINE 3151, KINE 3340. Enroll in 15 credit hours Fall and 15 credit hours Spring semester.	Meet with your Kinesiology Academic Advisor before registration.	Prioritize Your Wellness Attend a health fair Build Your Community Run for organization officer role Apply to be a Falcon Ambassador Explore Your World Consider study abroad Participate in service learning	Build Your Brand Update your resume Conduct research with faculty Craft Your Future Search for internships or fellowships
Senior	Focus on Major and Minor Coursework Enroll in KINE 4300, KINE 4320/4350. Enroll in 15 credit hours Fall and Spring semester.	Meet with your Kinesiology Academic Advisor before registration.	Prioritize Your Wellness Attend financial literacy seminars Build Your Community Attend your ring ceremony Join Alumni Association upon graduation Explore Your World Consider study abroad (summer prior to senior year)	Build Your Brand Update your resume Present research Craft Your Future Choose your practicum experience Apply for jobs

UTPB students will graduate with these skills:

- Leadership
 - Social Responsibility
- Problem-solving
- Communication Confidence
- Entrepreneurship
- •Global Awareness
 - •Teamwork
 - •Critical Thinking

Career opportunities:

- Coaching at School
- Strength Coach
- Program Director



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Bachelor of Science in Kinesiology Minimum Requirements

Semester 1

ENGL 1301 English HIST 1301 History MATH 1314 Math

BIOL 1306/1106 Biology with lab UNIV 1101 Freshman Seminar

14 hours

Semester 2

ENGL 1302 English HIST 1302 History

COMM 1315/1115 Communications

PSYC 1301 Psychology

BIOL 1307/1107 Biology with lab

17 hours

Semester 3 S1 (Sophomore semester 1)

PLSC 2305 Political Science **ENGL 2300 Level Literature Survey**

KINE 2385 A&P for KINES KINE 1301 Concepts of Fitness

KINE 2306 First Aid

Semester 4 S2 (Sophomore semester 2)

PLSC 2306 Political Science KINE 2370 Care & Prevention KINE 3310 Motor Development

KINE 3350/3151 Exercise Physiology with Lab

KINE 1115 Beginning Swimming

Creative Arts (3 hours)

15 hours

17 hours

Semester 5 J1 (Junior semester 1)

KINE 3332 Instructional Styles for Diverse Learners

KINE 3340 Analysis of Human Movement KINE 4300 Measurement of Performance

KINE 1112 Aerobics Minor Course (3 Hours) Elective (3 hours)

Semester 6 J2 (Junior semester 2)

KINE 3330 Phys. Activity for Handicapping Conditions

KINE 4350 Exercise Psychology KINE 1159 Weight Training

Upper Level Minor Course (3 Hours) Upper Level Minor Course (3 Hours)

Elective (3 hours)

16 hours 16 hours

Semester 7 S1 (Senior 1 semester 1)

KINE 3360 Coaching of Sports KINE 4340 Sociology of Sport

KINE 4365 Concepts in Strength and Conditioning

KINE 4391 Contract Study

Upper Level Minor Course (3 Hours) Upper Level Minor Course (3 Hours) Semester 8 S1 (Senior 2 semester 2)

KINE 4310 Sports Skills Analysis

KINE Elective (3 Hours) KINE 4392 Practicum

Upper Level Minor Course (3 Hours)

15 hours 12 hours

If a student uses any of the required core courses toward their minor, they must take an additional elective of equal hour value to replace the minor hours.